

## Wrist/Thumb Brace Use and Instructions

These orthoses provide immobilization and protection for patients suffering from tendonitis, select soft tissue, carpal tunnel, as well as post cast healing.

### **Instructions:**

1. Completely open up the brace by loosening the Velcro straps.
2. Position hand in the brace.
3. Tighten the Velcro straps and adjust as necessary.

For additional instructions, please refer to the manufacturer's instruction guide that was provided with your brace.

### **Cleaning:**

Please refer to the manufacturer's cleaning instructions, these instructions are located on a tag inside of your brace.

If the Velcro is not sticking well on the brace, check for lint build-up on the Velcro and remove it.

### **Precautions:**

- Do not over-tighten the brace, as this risks the loss of blood flow.

### **Questions or Problems**

This product is designed to be worn directly on the skin. Inspect your hand, wrist, and forearm before and after each use. If any problems occur related to the use of this device, please contact your local Wright & Filippis at (800)482-0222.

